



Parenting Teens

starts 11/8/07

This workshop is designed to help parents stay connected with their children during the challenging teenage years.

Some of the questions we will address include:

- What are the typical characteristics of teen behavior?
- How can we respect our children while still monitoring their behavior (and how should we monitor them)?
- Which basic, positive discipline methods are most effective?
- What special communication and problem solving skills can help us reach our teens?
- How can we support and nurture our teens as they strive for independence from us?
- What strategies can we employ that will guide our teens to make positive choices?
- How can we best nurture our teens during these challenging years?



Class Size: Maximum of 20 adults

When: 2 Thursdays: 11/8 & 11/15 2007 from 7:00-9:00pm

Where: Campbell Community Center, Board Room E-42

Cost: FOFV Members: \$40 per person or \$60 per couple;
Non-members: \$55 per person or \$75 per couple.

Instructor:

Jackie Hope Kite has been involved in teaching and caring for children for most of her professional life. She is a Teacher and has worked with kids from two years old through their teens. Jackie is also a credentialed Parent Educator and has taught classes for 10 years on topics such as Learning Styles, Ages and Stages of Development, Managing Stress, Parenting Styles, Learning through Play, and more. She is also the parent of a teenage child and young adult.

REGISTER ONLINE NOW:

visit <http://www.fofv.org> for more information and to register.

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