## Parenting Classes

FOFV's Parenting Classes are current, informative, provocative, and fun. Our classes vary and may include:

- Infant Massage
- Positive Discipline
- Surviving the Teenage Years
- Learning Through Play
- Nutrition for Kids
- Meditation for Children & Youths

**REGISTER NOW for Fall classes!** 

Recognized by Family Court Services. Enroll and pay online at www.fofv.org.

Supporting Families of All Political, Religious, Sexual Preference, Economic, and Racial Categories. Educating Families: Body, Mind, Emotions & Spirit.





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